



# KFCA Newsletter

[www.kitsapfostercare.org](http://www.kitsapfostercare.org)

December 2006

## KFCA CURRENT EVENTS

**Kitsap Foster Care Association is wishing you a Happy Holiday this season.** Our hope for you is that you and your family are healthy and happy, and that if you travel, your journey is a safe one. Spend time with your children, family, and friends...children are only young once and the relationships we share with others are the most meaningful and valuable gift we can give and receive.

**Change in distribution...**Beginning in January 2007, Kitsap Foster Care Association will no longer print and mail hard copies of the newsletter! The KFCA newsletter will only be available on line at:  
[www.kitsapfostercare.org](http://www.kitsapfostercare.org)

**Change in dues beginning January 1, 2007...**Due to the growing number of members and difficulty tracking when dues are paid, and by who, all Kitsap Foster Care Association Membership fees will be due January 1st of each year. Because some have already paid during the 2006 year the following schedule applies. If you paid your membership fees between January and September 2006, your 2007 membership fee is due January 1, 2007 and each January after that. If you paid your 2006 dues between October and December 2006, then your membership fee is current and your next fee is due January 1, 2008 and each January after that. Dues remain \$15. If you have questions about when your membership fees are due, please contact John Vail @ 876-5207. Thank you for your cooperation.

If you have information you would like to share with fellow foster parents, or thanks you would like to offer to someone who has gone above and beyond, please email Jennifer to add it to the newsletter!

## KFCA Annual Holiday Party

Is quickly  
approaching!

**Saturday,**

December 16, 2006

1-3:00pm

Silverdale

Community Center

Now is the time for

**licensed foster**

**parents, relative,**

**and kinship**

**caregivers** to

register the **children**

**placed & living** in

their home!

Call Luanne Vail @

876-5207 to

register...

(be prepared to give name, age, gender of child, and something they would like within a certain price range)

Children must be

present to receive

gifts!

**Last day to register**

**children is**

**December 9, 2006!!!**



### Join Us Now!

Kitsap Foster Care Association membership is open to foster parents and others interested in foster care.

Make \$15 check payable to: KFCA, PO Box 4542, Bremerton, WA 98312

#### Thanks!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

foster parent      agency staff      renewal?

Affiliation: \_\_\_\_\_

## KITSAP FOSTER CARE ASSOCIATION MEMBERSHIP INFORMATION

### • GENERAL MEMBERSHIP MEETINGS

- **Where:** Silverdale Community Center, 9729 Silverdale Way NW, Silverdale, WA 98383
- **When:** Fourth Wednesday of each month, Dinner 6pm, Guest Speaker and Discussion 7pm.
- Free child care available on site.
- Members pay \$4 for dinner (50% off) and receive a free raffle ticket to win great prizes (additional raffle tickets may be purchased in support of KFCA).

### • BOARD OF DIRECTORS MEETINGS

- **Where:** Changing locations, contact any board member for this month's location.
- **When:** First Tuesday of each month @ 5:30pm.
- KFCA Board Meetings are open, and all are welcome to attend. If you'd like to add an item to the agenda, please contact Rick Williams two days prior to the meeting.

## BOARD OF DIRECTORS

**Rick Williams, *President***  
president@kitsapfostercare.org

**Jeff Bishop, *Vice President***  
vicepres@kitsapfostercare.org

**Sharon Williams, *Treasurer***  
Phone 876-1994  
treasurer@kitsapfostercare.org

**John Vail, *Secretary/Membership/Community Awareness***  
Phone 876-5207  
secretary@kitsapfostercare.org

**Luanne Vail, *Resources***  
Phone 876-5207  
resources@kitsapfostercare.org

### *Dream Project*

**Henry Castanares, *Historian***  
Phone 692-0207  
historian@kitsapfostercare.org

**Diane Castanares, *Child Care***  
Phone 692-0207  
childcare@kitsapfostercare.org

**Debra Converse, *Education/Training***  
education@kitsapfostercare.org

**Chuck Converse, *Webmaster/Com. Awareness***  
webmaster@kitsapfostercare.org

**Teresa Walton, *Foster Parent Liaison***  
Cell (360) 990-9995  
liaison@kitsapfostercare.org

**Jennifer Martin, *Newsletter***  
newsletter@kitsapfostercare.org

**Phyllis Bishop, *Special Events Coordinator***  
Phone 275-5725  
events@kitsapfostercare.org



## Upcoming Training

### **PRIDE Pre-Service Training**

January 3, 4, 5, 11, 12, (5:30pm to 9:30pm) &  
January 13, 2007 (9:00am to 4:45pm)

OR

January 31, February 1, 2, 8, 9, (5:30pm to 9:30pm)  
& February 10, 2007 (9:00am to 4:45pm)

OR

March 5, 6, 7, 8, (9:00am to 4:00pm) &  
March 9, 2007 (9:00am to noon)

OR

March 21, 22, 23, 29, 30, (5:30pm to 9:30pm) &  
March 31, 2007 (9:00am to 4:45pm)

### **Parenting Sexually Aggressive Children & Youth**

January 23 & 24, 2007  
10:00am to 1:00pm

### **Parenting Physically Aggressive Children & Youth**

February 15 & 16, 2007  
10:00am to 1:00pm

### **Engaging Biological Families for Change**

February 20, 2007  
9:00am to 4:00pm

The above trainings are held at  
Bremerton First Methodist Church  
1150 Marine Drive; Bremerton, WA 98312  
Contact Hildegard Stone to pre-register @  
475-3586 or 1-800-423-6246

### **Autism & Aspergers Syndrome**

Saturday, May 19, 2007  
9:00am to 4:00pm  
DCFS (CA) Building, Tahoma Room  
1313 West Meeker Street, Kent, WA 98032  
To register, contact Shelly Myers @  
mysh300@dshs.wa.gov

### **Understanding Neglect for Foster Parents**

Thursday, January 18, 2007  
5:30pm to 8:00pm

### **The Paper Trail: Documentation for Foster Parents**

February 6, 2007  
5:30pm to 7:30pm

The above trainings are located at  
First Methodist Church  
1150 Marine Drive; Bremerton, WA 98312  
To pre-register, contact Hildegard Stone @  
475-3586 or sthi300@dshs.wa.gov

### **Disruptive Behavior Disorders**

Wednesday, January 17, 2006  
9:00am to 4:00pm  
2100 24th Avenue South, Seattle, WA 98144  
To register, contact Shelly Myers @  
mysh300@dhsd.wa.gov

### **Families with Russian & Ukrainian Adoptions National Conference 2007**

Local and national experts will be presenting on  
topics that apply to families who have adopted  
domestically, as well as internationally.  
April 26-28, 2007  
Redmond, WA  
www.frua.org

### **DSHS Electronic Forms Link**

<http://www1.dshs.wa.gov/msa/forms/eforms.html>

### **First Aid/CPR Training for Foster Parents**

The Resource Family Training Institute sponsors  
First Aid training free of charge to all currently  
licensed and prospective foster parents. For a  
complete schedule and registration please visit the  
website at:

[www.keepthebeatcpr.net](http://www.keepthebeatcpr.net)  
Or call (253)217-1105

**Check out this web site:**  
[www.familieslikeours.org](http://www.familieslikeours.org)



## Kitsap County Resources...

- 1) **ABRAHAM'S HOUSE (405-0488)**  
\*free furniture, household goods, etc.
- 2) **DR. CHARLES BROWN (779-7115)**  
\*children's dental care with med coupon
- 3) **FIRST** (foster intervention prevention support team) 1-800-391-2273
- 4) **GALAXY LIMOUSINE INC. (874-2565)**  
(1-800-874-2565)  
\*offers discounts to foster families
- 5) **KITSAP FOSTER CARE ASSOCIATION**  
(475-3513 or 876-1994)  
\*free duffel bags for foster children  
[WWW.KITSAPFOSTERCARE.ORG](http://WWW.KITSAPFOSTERCARE.ORG)
- 6) **MARY BRIDGE Center for Child Safety**  
(360-662-1198)  
\*Free child safety seat checks, bicycle helmet sales & fitting, free loaner life jackets
- 7) **NK FOSTER PARENT SUPPORT GROUP**  
(206-842-2362) or [Sufisher@aol.com](mailto:Sufisher@aol.com)  
\*meets as needed, call for support
- 8) **NORTHWEST ENTERAL SUPPLY**  
(1-888-885-2386)  
\*free pull-ups for foster children
- 9) **OLYMPIC PHARMACY & HEALTH CARE**  
(1-253-858-9941)  
\*free delivery of diapers, medical supplies
- 10) **PATHWAYS TO SUCCESS (337-4738)**  
\*Youth Services Program
- 11) **SKILLS CENTER (478-5168)**  
\*free hair cuts for foster children
- 12) **Anointed Hands Hair Care (782-2409)**  
\*Dewanda Evans welcomes any/all questions re: African American hair care. Located on 6th Street in Bremerton.
- 13) **Christine Njoroge (475-3527)**  
\*For foster/relative care providers needing support for FASD children.

## Calendar of Events

### December 2006:

- 1: Your Foster Child's School
- 4: PRIDE Training Begins
- 4: KFCA Board Meeting
- 6: PRIDE Orientation
- 9: Deadline to register kids for Holiday Party!
- 13: Autism & Aspergers Syn.
- 16: KFCA Annual Holiday Party  
No Dinner Meeting this month
- 25: Christmas

### January 2007:

- 1: Happy New Year!
- 2: KFCA Board Meeting
- 3: PRIDE Preservice Begins
- 17: Disruptive Behavior Disorder
- 18: Understanding Neglect
- 23: Sexually Aggressive Youth
- 24: KFCA Dinner Meeting
- 31: PRIDE Preservice Begins

### February 2007:

- 6: KFCA Board Meeting
- 6: The Paper Trail
- 15: Physically Aggressive Youth
- 16: Care-giving for Children
- 20: Engaging Biological Families



# More Trainings...

## **Care-giving for Children with ADHD/ADD & Organically Related Mental Health Issues**

February 16, 2007

## **Care-giving for Children with Extreme Behavioral & Other Mental Health Issues**

March 12, 2007

## **Culture & Self Esteem**

March 13, 2007

## **Multiple Placements – Impact on Children**

April 9, 2007

## **Success Beyond Foster Care: Career, Job Search & Financial Management Skills**

April 10, 2007

## **Working with Developmentally Disabled Children**

May 4, 2007

All of these trainings are offered in Kitsap County through the Online Foster Parent Education Workshops, Grow & Go...Online Workshops for Foster Parents. In addition to online classes, land-based classes are being offered locally through this Pierce College Program at no cost to foster or relative care providers. Check the website for titles, times, and locations.

For logistics, call Geton Peters @ 360-782-1113

For Program questions, call Pierce College @ 1-877-353-6763 or [distedu@pierce.ctc.edu](mailto:distedu@pierce.ctc.edu)

## **Grow and Go...Online Workshops for Foster Parents**

[www.pierce.ctc.edu/distance/ofpe/](http://www.pierce.ctc.edu/distance/ofpe/)

**Check this website for fall 2007 updates!**

Dear Santa,

I've been a good mom all year. I've fed, cleaned and cuddled my children on demand, visited their doctor's office more than my doctor, sold sixty-two cases of candy bars to raise money to plant a shade tree on the school playground.

I was hoping you could spread my list out over several Christmases, since I had to write this letter with my son's red crayon, on the back of a receipt in the laundry room between cycles, and who knows when I'll find anymore free time in the next 18 years.

Here are my Christmas wishes:

I'd like a pair of legs that don't ache (in any color, except purple, which I already have)

(Continued on page 6)

## **RESPITE PROVIDER & CASE AIDE NEEDED**

Respite provider needed for up to 2 weekends (4 nights) per month. Case Aide needed for up to 20-hours per week. Fees paid directly by private agency. Respite provider must have a current foster license, and be up-to-date on trainings/certifications. Case Aide should be at least 21 years of age, have required trainings and be comfortable working with behavioral challenges.

Foster parents are a same-sex male couple living in West Bremerton. We have been KFCA members for 3+ years. Our child is 11-years old, outgoing, athletic, generally well-behaved & good with younger kids. If interested, please contact: Van-John or George at 360-377-6178 or via e-mail: [vanjohnsf@comcast.net](mailto:vanjohnsf@comcast.net).

## SAND & STONE

TWO FRIENDS WERE WALKING  
THROUGH THE DESERT.  
DURING SOME POINT OF THE  
JOURNEY, THEY HAD AN  
ARGUMENT; AND ONE FRIEND  
SLAPPED THE OTHER ONE  
IN THE FACE.

THE ONE WHO GOT SLAPPED  
WAS HURT, BUT WITHOUT  
SAYING ANYTHING,  
WROTE IN THE SAND:

TODAY MY BEST FRIEND  
SLAPPED ME IN THE FACE.

THEY KEPT ON WALKING,  
UNTIL THEY FOUND AN OASIS,  
WHERE THEY DECIDED  
TO TAKE A BATH.

THE ONE WHO HAD BEEN  
SLAPPED GOT STUCK IN THE  
MIRE AND STARTED DROWNING,  
BUT THE FRIEND SAVED HIM.

AFTER HE RECOVERED FROM  
THE NEAR DROWNING,  
HE WROTE ON A STONE:

TODAY MY BEST FRIEND  
SAVED MY LIFE.

THE FRIEND WHO HAD SLAPPED  
AND SAVED HIS BEST FRIEND  
ASKED HIM, "AFTER I HURT YOU,  
YOU WROTE IN THE SAND AND NOW,  
YOU WRITE ON A STONE, WHY?"

THE OTHER FRIEND REPLIED  
"WHEN SOMEONE HURTS US  
WE SHOULD WRITE IT DOWN  
IN SAND WHERE WINDS OF  
FORGIVENESS CAN ERASE IT AWAY.

BUT, WHEN SOMEONE DOES  
SOMETHING GOOD FOR US,  
WE MUST ENGRAVE IT IN STONE  
WHERE NO WIND  
CAN EVER ERASE IT."

LEARN TO WRITE  
YOUR HURTS IN  
THE SAND AND TO  
CARVE YOUR  
BENEFITS IN STONE.

THEY SAY IT TAKES A  
MINUTE TO FIND A SPECIAL  
PERSON, AN HOUR TO  
APPRECIATE THEM, A DAY  
TO LOVE THEM, BUT THEN  
AN ENTIRE LIFE  
TO FORGET THEM.

DO NOT VALUE THE THINGS  
YOU HAVE IN YOUR LIFE, BUT VALUE  
WHOM YOU HAVE IN YOUR LIFE!

-Unknown

(continued from page 5)

and arms that don't hurt or flap in the breeze; but are strong enough to pull my screaming child out of the candy aisle in the grocery store.

I'd also like a waist, since I lost mine somewhere in the seventh month of my last pregnancy.

If you're hauling big ticket items this year I'd like fingerprint resistant windows and a radio that only plays adult music; a television that doesn't broadcast any programs containing talking animals; and a refrigerator with a secret compartment behind the crisper where I can hide to talk on the phone.

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(continued from page 6)

On the practical side, I could use a talking doll that says, "Yes, Mommy" to boost my parental confidence, along with two kids who don't fight and three pairs of jeans that will zip all the way up without the use of power tools.

I could also use a recording of Tibetan monks chanting "Don't eat in the living room" and "Take your hands off your brother," because my voice seems to be just out of my children's hearing range and can only be heard by the dog. If it's too late to find any of these products, I'd settle for enough time to brush my teeth and comb my hair in the same morning, or the luxury of eating food warmer than room temperature without it being served in a Styrofoam container.

If you don't mind, I could also use a few Christmas miracles to brighten the holiday season. Would it be too much trouble to declare ketchup a vegetable? It will clear my conscience immensely.

It would be helpful if you could coerce my children to help around the house without demanding payment as if they were the bosses of an organized crime family.

Well, Santa, the buzzer on the dryer is ringing and my son saw my feet under the laundry room door. I think he wants his crayon back. Have a safe trip and remember to leave your wet boots by the door and come in and dry off so you don't catch cold.

Help yourself to cookies on the table but don't eat too many or leave crumbs on the carpet.

Yours Always, MOM...!

P.S. One more thing...you can cancel all my requests if you can keep my children young enough to believe in Santa.

## *From the President...*

Season's Greetings all!

Here it is, Sunday, the newsletter is on deadline and Jennifer calls to ask where my President's Page is? OOPS!

Such is the way it is with KFCA's Board members, always keeping me on my toes and I need all the help that I can get! Such a great snow so early in the year huh? The kids all loved it and even we adults did until we had to deal with all that it brings but still, it was very pretty. Now if we could get a repeat on Christmas Eve. As you no doubt have noticed from reading your newsletter, there will be some changes in the coming year so pay attention and if you aren't sure, you can always call me or Sharon and we will explain any grey areas. The Holiday Party is set to unfold and all the presents are wrapped and gift cards ready for Santa to hand out. It should be fun and crazy just as every year past. I will look forward to seeing all of you! With this being the last newsletter of the year, I wish to thank every Board member that work many extra hours so that you and your kids have something extra in your lives.

We strive for quality and meaning in every event we provide. Your support by attending makes our efforts worthwhile. Without you, there would be no us. Please continue to share yourselves with us as we usher in the new year of 2007. Hard to believe another year is history! This is it gang. We at KFCA, wish you the very best Holidays and an adventuresome New Year! Thank you for a great 2006!

Your support by attending makes our efforts worthwhile. Without you, there would be no us. Please continue to share yourselves with us as we usher in the new year of 2007. Hard to believe another year is history! This is it gang.

We at KFCA, wish you the very best Holidays and an adventuresome New Year! Thank you for a great 2006!

Your President, Rick Williams

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