

**Understanding the Child with Fetal Alcohol Spectrum Disorders**  
*Creating environments and learning communication skills that positively affect behavior*

**When: Saturday, March 8, 2008, 9:00am – 4:00pm**

**Where: Bremerton First United Methodist Church, 1150 Marine Drive, Bremerton**

**Presented by: Carolyn Hartness**

**Carolyn Hartness** is known nationally & internationally as a speaker/consultant on the topic of children with Fetal Alcohol Spectrum Disorders. Carolyn works on FASD federal grants, and consults with individuals, families and organizations on issues relating to FASD. She has chaired and been a member of several local, state and national committees and organizations on FASD. She was a member of the FAS Diagnostic and Prevention Network team at the University of Washington under the direction of Dr. Sterling Clarren. She has written a manual and co-authored an Emmy nominated series of books and videos on FASD.

**Morning session :**

- ❖ Provide participants with an understanding of how FASD impacts the behavior and functioning of an affected child focusing on pre-teens.
- ❖ Discuss factors affecting behavioral outcomes for children with FASD.

**Lunch:      Movie** (please bring your lunch)

**Afternoon session:**

- ❖ Participants will learn how to create appropriate learning and developmental strategies to allow for optimum success at home and in school, Focusing on adolescents.
- ❖ Participants will learn to create environments and routines to fit their child's specific needs, using the child's strengths to guide behavior, thereby creating workable solutions that empower the child, using Intervention mapping.
- ❖ Participants will participate in a discussion on self-Care (how to stay sane).

**There is no charge for the training.** For reservations, please complete the form below and return to:

Hildegard Stone, Resource Family Training Institute (RFTI)  
3423 6<sup>th</sup> Street, Bremerton, WA 98312, or call Sheri Humphreys, 253-341-0169,  
Or [1-800-423-6246](tel:1-800-423-6246)    [sthi300@dshs.wa.gov](mailto:sthi300@dshs.wa.gov)    Fax: 360-475-3499

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\_\_\_\_ I will attend the FASD workshop in Bremerton on Saturday, March 8, 2008.

Name (s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Phone ( \_\_\_\_\_ ) \_\_\_\_\_

( ) Foster Parent      ( ) Relative Care Provider      ( ) Adoptive Parents      ( ) Staff

( ) Community Member

Please advise 10 days prior to workshop for special needs.