



# Behavior Management

For Foster Parents

Presented by:

Families for Kids

In coordination with Pierce College, Foster Parent Education

## Workshop Objectives:

- ❖ Identifying, preventing and minimizing behavior patterns leading up to a child's acting out
- ❖ Identifying different behavioral strategies for pre and post teen years as well as practicing practical applications
- ❖ Identify self-esteem deficits and steps to improve self-esteem
- ❖ Identifying different parenting styles and communication patterns
- ❖ De-escalation techniques and managing anger
- ❖ Positive behavioral supports using environmental management.

This workshop was created by Dinah Martin who has been teaching in the Social Service/Mental Health program at Pierce College since the 1990's. Dinah has worked at the headquarters office of the DSHS Children's Administration as a social worker, trainer, community resource manager, and state office manager for over 20 years. Dinah has been a foster parent, a teacher, and a consultant. Currently, she works to support social work staff in improving practice. Dinah has a BA in Education and an MS in Human Resource Management and Development.

COLVILLE	KENNEWICK	MOUNT VERNON
Region 1, Renee Siers <b>January 5, 2007</b> 10:00am- 5:00pm DSHS 1100 S. Main St.	Region 2, Renee Siers <b>April 7, 2007</b> 12:00pm-6:30pm Kennewick Public Library 1620 S. Union	Region 3, Renee Siers <b>May 18, 2007</b> 10:00am- 5:00pm PUD 1415 Freeway Dr.
SEATTLE	TACOMA	OLYMPIA
Region 4, Renee Siers <b>June 16, 2007</b> 10:00am- 5:00pm Lutheran Community Services 433 Minor Ave. N	Region 5, Stephanie Hills <b>June 1, 2007</b> 10:00am- 5:00pm Pierce County Library 3005 112 <sup>th</sup> St. E.	Region 6, Stephanie Hills <b>February 16, 2007</b> 10:00am- 5:00pm Lutheran Church of Good Sheppard 1601 N St. SE

Rev. 03/08/07

### TO REGISTER: Please register in advance as seating is limited!

(Choose one): Call 1-877-DLforME; Give to instructor; or Mail detached piece to:

Julie Anderson, Pierce College, 9401 Farwest Dr. SW, Lakewood, WA 98498-1999 or contact: [jking@pierce.ctc.edu](mailto:jking@pierce.ctc.edu)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Birthday: \_\_\_\_\_

Email (if you have one): \_\_\_\_\_

ID or SSN: \_\_\_\_\_

Your SSN is confidential and used ONLY for college/state/federal records. An SID will be generated for you with this information.

Please check one: **Behavior Management for Foster Parents**

Colville, 5745, 01/05       Kennewick, 5772, 04/07       Mount Vernon, 5754, 05/18

Seattle, 5783, 06/16       Tacoma, 5763, 06/01       Olympia, 5792, 02/16